**LONG TERM PSHEE/RSE THEMES CLASSES KG – CLASS 5.**

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|  | **Autumn 1**  **Families;**  **Friendships**  **Well being.** | **Autumn 2**  **Safe relationships;**  **Respecting self**  **and others.** | **Spring 1**  **Belonging**  **to a**  **Community** | **Spring 2**  **Media**  **Literacy**  **Digital**  **Safety;**  **Money and work.** | **Summer 1**  **Physical**  **Health**  **Mental**  **Well being** | **Summer 2**  **Growing**  **Changes**  **Keeping**  **safe** |
| **KG (5-7 yr old)** | **Reconnections;**  **friendships;**  **emotional well being;**  **hygiene routines;**  **Covid safety.** | **Recognising privacy;**  **seeking permission;**  **boundaries;**  **how our behaviour**  **affects others;**  **being polite.**  **What makes us all unique;**  **celebrating Gifts of others.** | **What rules are:**  **caring for others and**  **their needs;**  **looking after the**  **environment** | **Using digital devices;**  **what to do if we see**  **something which**  **makes us feel unsafe.**  **Jobs in the Community.** | **Keeping healthy;**  **food; exercise;**  **Sun safety.** | **How rules keep us safe; safety on mobiles and other devices; traffic safety.** |
| **Cl 1 (6-7yr old)** | **Reconnections,**  **welcome back;**  **keeping healthy;**  **hygiene routines;**  **Covid safety.** | **Managing secrets;**  **resisting pressure and getting help;**  **recognising hurtful**  **behaviour;**  **recognising**  **commonalities and**  **difference;**  **cooperation and**  **sharing.** | **Belonging to a group; what it means; taking care of others in class and school; tolerance and interest in difference of others.** | **Using digital devices;**  **Staying safe; online content and information.**  **Money:**  **needs and wants;**  **looking after money.** | **Importance of sleep;**  **medicines; keeping**  **healthy; managing**  **feelings and asking**  **for help.** | **Getting older;**  **naming body parts;**  **safety in different**  **places; safety at home; emergencies.** |
| **Cl 2 (7-8yrold)** | **Reconnections;**  **Welcome back;**  **Well being;**  **friendships**  **Covid safety.** | **Personal**  **boundaries; impact of hurtful behaviours.**  **Recognising**  **Courtesy, respect and self respect.** | **Value of rules;**  **rights,**  **freedoms,**  **responsibilities.** | **Staying**  **Safe online;**  **nettiquette;**  **how internet is used.**  **Jobs and**  **Stereotypes; setting goals.** | **Health choices and habits; what affects feelings; expressing feelings.** | **Risks and hazards in the local environment and unfamiliar places.** |
| **Cl 3 (8-9yr old)** | **Reconnections;**  **Welcome back;**  **new routines;**  **hygiene and**  **Covid safety.** | **Positive friendships; how to deal with conflict; responding to hurtful behaviour; managing confidentiality; recognising risks with technology.** | **What makes a community; building strong relationships in class; shared responsibilities; discussing differences sensitively.** | **How data and information is shared and used; making decisions about money and keeping it safe; pocket money.** | **Maintaining a balanced lifestyle; oral hygiene and dental care.** | **Physical and emotional changes in puberty; support; personal hygiene routines; medicines and household products; drugs common to everyday life.** |
| **Cl 4 (9-10 yr old)** | **Reconnections;**  **Welcome back;**  **Well being;**  **hygiene routines;**  **Covid safety.** | **Physical contact and feeling safe; responding respectfully to a wide range of people; recognising prejudice and discrimination.** | **Protecting the environment; compassion towards others; practising kindness in action.** | **How information is targeted online; different media types; their role and impact.**  **Job aspirations and interests; workplace stereotypes.** | **Healthy sleep habits; sun safety; medicines; vaccinations, immunisations and allergies.** | **Keeping safe in different situations; responding in emergencies; first aid and FGM.** |
| **Cl 5 (10 – 11 yr old)** | **Reconnections; welcome back; relationships;**  **bullying;**  **conflict resolution;**  **hygiene routines and Covid safety.** | **Recognising and managing pressure; consent in different situations; expressing opinions and**  **respecting others` views; discussing topical issues.** | **Valuing diversity; challenging discrimination and stereotypes.** | **Evaluating media sources; sharing things online; staying safe; influences and attitudes to money and financial risks.** | **What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online and at home.** | **Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.** |