**LONG TERM PSHEE/RSE THEMES CLASSES KG – CLASS 5.**

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|  | **Autumn 1****Families;****Friendships****Well being.** | **Autumn 2****Safe relationships;****Respecting self****and others.** | **Spring 1****Belonging****to a****Community** | **Spring 2****Media****Literacy****Digital****Safety;****Money and work.** | **Summer 1****Physical****Health****Mental****Well being** | **Summer 2****Growing****Changes****Keeping****safe** |
| **KG (5-7 yr old)** | **Reconnections;****friendships;****emotional well being;****hygiene routines;****Covid safety.** | **Recognising privacy;****seeking permission;****boundaries;****how our behaviour****affects others;****being polite.****What makes us all unique;****celebrating Gifts of others.** | **What rules are:****caring for others and****their needs;****looking after the****environment** | **Using digital devices;****what to do if we see****something which****makes us feel unsafe.****Jobs in the Community.** | **Keeping healthy;****food; exercise;****Sun safety.** | **How rules keep us safe; safety on mobiles and other devices; traffic safety.** |
| **Cl 1 (6-7yr old)** | **Reconnections,****welcome back;****keeping healthy;****hygiene routines;** **Covid safety.** | **Managing secrets;** **resisting pressure and getting help;****recognising hurtful** **behaviour;****recognising** **commonalities and****difference;****cooperation and****sharing.** | **Belonging to a group; what it means; taking care of others in class and school; tolerance and interest in difference of others.** | **Using digital devices;** **Staying safe; online content and information.****Money:****needs and wants;** **looking after money.** | **Importance of sleep;****medicines; keeping** **healthy; managing****feelings and asking** **for help.** | **Getting older;****naming body parts;****safety in different****places; safety at home; emergencies.** |
| **Cl 2 (7-8yrold)** | **Reconnections;****Welcome back;** **Well being;** **friendships** **Covid safety.** | **Personal****boundaries; impact of hurtful behaviours.****Recognising****Courtesy, respect and self respect.** | **Value of rules;****rights,****freedoms,****responsibilities.** | **Staying** **Safe online;****nettiquette;****how internet is used.****Jobs and****Stereotypes; setting goals.** | **Health choices and habits; what affects feelings; expressing feelings.** | **Risks and hazards in the local environment and unfamiliar places.** |
| **Cl 3 (8-9yr old)** | **Reconnections;****Welcome back;****new routines;****hygiene and****Covid safety.** | **Positive friendships; how to deal with conflict; responding to hurtful behaviour; managing confidentiality; recognising risks with technology.** | **What makes a community; building strong relationships in class; shared responsibilities; discussing differences sensitively.** | **How data and information is shared and used; making decisions about money and keeping it safe; pocket money.** | **Maintaining a balanced lifestyle; oral hygiene and dental care.** | **Physical and emotional changes in puberty; support; personal hygiene routines; medicines and household products; drugs common to everyday life.** |
| **Cl 4 (9-10 yr old)** | **Reconnections;****Welcome back;****Well being;****hygiene routines;****Covid safety.** | **Physical contact and feeling safe; responding respectfully to a wide range of people; recognising prejudice and discrimination.** | **Protecting the environment; compassion towards others; practising kindness in action.** | **How information is targeted online; different media types; their role and impact.****Job aspirations and interests; workplace stereotypes.** | **Healthy sleep habits; sun safety; medicines; vaccinations, immunisations and allergies.** | **Keeping safe in different situations; responding in emergencies; first aid and FGM.** |
| **Cl 5 (10 – 11 yr old)** | **Reconnections; welcome back; relationships;****bullying;** **conflict resolution;****hygiene routines and Covid safety.** | **Recognising and managing pressure; consent in different situations; expressing opinions and** **respecting others` views; discussing topical issues.** | **Valuing diversity; challenging discrimination and stereotypes.** | **Evaluating media sources; sharing things online; staying safe; influences and attitudes to money and financial risks.** | **What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online and at home.** | **Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media.** |